



# Green Hills Schedule 2025

Ph. 4933 1196

[greenhills@huntermartialarts.com.au](mailto:greenhills@huntermartialarts.com.au)

<b>Kata Focus</b>	<b>Monday</b>	
	4:00 – 4:45pm	Dynamites All Levels
	5:00 – 5:45pm	Fight Fit
	5:45 – 6:30pm	Dragons/Adults All Levels
	6:30 – 7:00pm	LEADERSHIP
	7:00 – 7:45pm	Black Belt Prep
	7:45 – 8:30pm	Black Belts
<b>Kata Focus</b>	<b>Tuesday</b>	
	3:30 – 4:00pm	Minimites/Kindymites
	4:00 – 4:45pm	Dynamites All Levels
	5:00 – 5:45pm	Dragons/Adults All Levels
	5:45 – 6:30pm	Pandas & Kobudo Beginners/Intermediates
	6:30 – 7:15pm	Kobudo Advanced (Green Belts and Above)
	7:15 – 7:45pm	Kobudo Black Belts
<b>Bunkai and Kumite Focus</b>	<b>Wednesday</b>	
	4:00 – 4:30pm	Minimites/Kindymites
	4:30 – 5:15pm	Dynamites All Levels
	5:15 – 6:00pm	Kumite Class (Dynamites and Above)
	6:00 – 6:45pm	Dragons All Levels
	6:45 – 7:30pm	Adults All Levels
	7:30 – 8:15pm	Fight Fit
<b>Bunkai Focus</b>	<b>Thursday</b>	
	4:00 – 4:30pm	Minimites/Kindymites
	4:30 – 5:15pm	Dynamites All Levels
	5:30 – 6:15pm	XTREME
	6:15 – 7:00pm	Dragons/Adults All Levels
	7:00 – 7:45pm	Black Belt Prep
	7:45 – 8:00pm	Black Belt 15 minute Extension
<b>Kata and Bunkai Focus</b>	<b>Saturday</b>	
	8:30 – 9:15am	FIGHT FIT
	9:15 – 9:45am	Minimites/Kindymites
	9:45 – 10:30am	Dynamites All Levels
	10:30 – 11:15am	Dragons/Adults Kata
	11:15 – 12:00pm	Dragons/Adults Bunkai
	12:00 – 12:45pm	Kobudo (All levels)