



# Green Hills Schedule 2023

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<b>Monday</b>	
4:00 – 4:30pm	Minimites/Kindymites
4:30 – 5:20pm	Dynamites All Levels
5:20 – 6:00pm	STORM/Leadership
6:00 – 6:45pm	Dragons/Adults All Levels
6:45 – 7:00pm	Dragons/Adults Advanced Extension (Green Belt and Above) no booking req.
7:00 – 8:00pm	Black Belt Prep (1 hour)
<b>Tuesday</b>	
4:00 – 4:45pm	Dynamites All Levels
4:45 – 5:30pm	Kobudo Pandas
5:30 – 6:15pm	Dragons/Adults All Levels
6:15 – 6:30pm	Dragons/Adults Advanced Extension (Green Belt and Above) no booking req.
6:30 – 7:15pm	Kobudo
7:15 – 7:45pm	Kobudo Advanced no booking req.
<b>Wednesday</b>	
4:00 – 4:30pm	Minimites/Kindymites
4:30 – 5:15pm	Dynamites All Levels
5:15 – 6:00pm	FIGHT FIT
6:00 – 6:45pm	Dragons/Adults All Levels
6:45 – 7:00pm	Dragons/Adults Advanced Extension (Green Belt and Above) no booking req.
<b>Thursday</b>	
4:00 – 4:30pm	Minimites/Kindymites
4:30 – 5:15pm	Dynamites All Levels
5:15 – 6:00pm	Dragons/Adults All Levels
6:00 – 6:15pm	Dragons/Adults Advanced Extension (Green Belt and Above) no booking req.
6:15 – 7:15pm	Black Belt Prep
7:15 – 8:00pm	Black Belt Class
<b>Saturday – Family Day</b>	
8:30 – 9:15am	FIGHT FIT
9:15 – 9:45am	Minimites/Kindymites
9:45 – 10:30am	Dynamites All Levels
10:30 – 11:15am	Dragons/Adults All Levels
11:15 – 11:30am	Dragons/Adults Advanced Extension (Green Belt and Above)