



# HVMAC REDHEAD SCHEDULE

Face to face classes - effective from 11th October, 2021

Monday			
4.00-4.30pm	Minimites & Kindymites		Kata Focus
4.40-5.25pm	Dynamites		
5.30-6.15pm	Dragons: Intermediate & Advanced		
6.20-7.05pm	Dragons/Adults : Beginners		
7.10-7.55pm	Adults: Intermediate & Advanced		
Tuesday			
4.40-5.25pm	Dynamites		Kata Focus
5.30-6.15pm	Kumite		
6.20-7.05pm	Dragons/Adults		
7.10-7.55pm	Black Belts	Black Belt Prep	
Wednesday			
4.00-4.30pm	Minimites & Kindymites		Bunkai Focus
4.40-5.25pm	Dynamites		
5.30-6.15pm	Kobudo Pandas		
6.20-7.05pm	Dragons/Adults		
7.10-7.55pm	Senior Kobudo		
Thursday			
4.40-5.25pm	Dynamites		Bunkai Focus
5.30-6.15pm	Dragons: Intermediate & Advanced		
6.20-7.05pm	Dragons/Adults : Beginners	Senior Leadership	
7.10-7.55pm	Adults: Intermediate & Advanced		
Saturday			
9.00-9.30am	Minimites & Kindymites		Kata & Bunkai Focus
9.40-10.25am	Dynamites		
10.30-11.15am	Dragons/Adults : Kata Clinic		
11.20-12.05pm	Dragons/Adults : Bunkai Clinic		
12.10-12.40pm	Demo Team (by invitation only)		

- You should not attend the centre if you are sick, or identified as a close or casual contact of someone who has tested positive for Covid19.
- Students 16 years or older MUST be fully vaccinated to enter the dojo, as per current NSW Health COVID restrictions.
- All students MUST book-in to their class via their Clubworx member portal – whether it's into a face to face or online class.
- All students attending face to face classes, must check-in using the Service NSW QR code before entering the dojo. Non-attending parents and carers MUST check their children in at drop-off. No students will be allowed to enter without this important step for COVID case tracing purposes.
- Students over the age of 12 must wear a mask and practice physical distancing rules in the dojo, as per current NSW Health COVID restrictions.
- No spectators are allowed, except for one fully vaccinated spectator/parent helper for Minimites & Kindymites students.
- We request that all students and spectators entering the building sanitise on entry and exit.
- Under current restrictions, we can allow 48 people in the dojo, excluding instructors. Depending on the number of students in the class, we may need to limit the number of spectators per class and at gradings.
- There will be a changeover time of 5 minutes between classes to control numbers.
- Students are expected to leave the dojo once their class is finished and will not be allowed to congregate before or after their class.

HVMAC Redhead

02 4942 6656 | Unit 2/6 Seasands Dr, Redhead 2290 | [redhead@huntermartialarts.com.au](mailto:redhead@huntermartialarts.com.au)  
[www.huntermartialarts.com.au/redhead](http://www.huntermartialarts.com.au/redhead)