

POWERFUL PROJECT

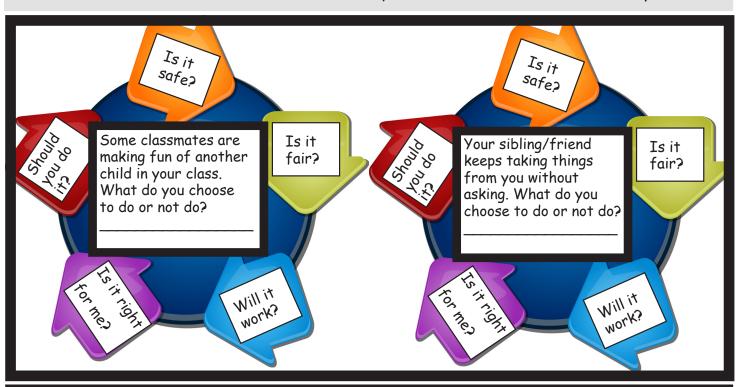
IMPULSE CONTROL

AGES 7 & UP



FIRST & LAST NAME:

This month we are talking about "impulse control." Impulse control is taking the time to stop, think & evaluate choices before taking action. On the top half of this sheet, write YOUR solution in the center. Then circle each question if the answer is YES, cross out if the answer is NO. On the bottom half, use the questions to determine a choice in your life.



Use these questions to determine what to do about a tough choice in your life right now.			
Tough Choice:			
Option 1: Is it safe?	Is it fair?	Will it work?	Is it right for me?
Option 2: Is it safe?	Is it fair?	Will it work?	Is it right for me?
Which option should you do?			