



Morisset Schedule

Effective January 8, 2018

Monday			
4.00-4.30	MINIMITES 3/4 YEARS		KINDYMITES 4/5 YEARS
4.30-5.15	DYNAMITES		
5.15-6.00	DRAGONS/ADULTS EARLY		
6.00-6.30	DR/AD LEADERSHIP (February)		
6.30-7.20	DRAGONS/ADULTS LATE		BLACK BELT PREP
7.20-8.00	FIGHT FIT		
Tuesday			
10.00 – 11.00am	DAY CLASS		
4.00-4.30	KINDYMITES 4/5 YEARS		
4.30-5.15	DYNAMITES		
5.15-5.30	SWAT DM LEADERSHIP (February)		
5.30-6.20	BLACK BELT PREP		
6.20-7.10	DRAGONS/ADULTS		
7.10-8.00	BJJ		
Wednesday			
9:45 – 10:15am	KINDERKICKS 1½/3 years		
10.15-10.45am	MINIMITES 3/4 YEARS		
4.00-4.30	KINDYMITES 4/5 YEARS		
4.30-5.15	DYNAMITES		
5.15-6.00	DRAGONS/ADULTS EARLY		
6.00-6.50	BLACK BELT CLASS		
6.50-7.40	KUMITE		
7.40-8.30	DRAGONS/ADULTS LATE		
Thursday			
4.00-4.45	DYNAMITES		
4.45-5.30	XTREME		DRAGON/ADULTS BEG
5.30-6.15	DRAGON/ADULTS INT/ADVANCED		
6.15-7.00	KOBUDO		
7.00-7.50	DRAGONS/ADULTS LATE		
7.50-8.30	FIGHT FIT		
Friday			
4.00-4.30	KINDYMITES 4/5 YEARS		
4.30-5.15	DYNAMITES		
5.15-6.00	DRAGONS/ADULTS		
Saturday – Family Day			
7.45-8.30	FIGHT FIT		
8.30-9.00	MINIMITES 3/4 YEARS		
9.00-9.30	KINDYMITES 4/5 YEARS		
9.30-10.15	BEGINNERS		
10.15-11.00	INTERMEDIATES		
11.00-11.45	ADVANCED		
11.45-12.30	Pretesting Clinic – Monthly Dates TBA		



Kindymites 3-5 years,



Dynamites 6-9 years,



Dragons 10-14 years

*Beginners – White to 9th kyu,






*Intermediates Yellow to Red (Green Dynamites),

*Advanced Green (Blue Dynamites) and up

HVMAC Morisset 02 4973 5575
Unit 4/25 Alliance Avenue, Morisset
morisset@huntermartialarts.com.au



Morrisset Schedule

	KinderKicks	18mth – 3 years
	Minimites	3 and 4 years
	Kindymites	4 and 5 years
	Dynamites	6 -9 years
	Dragons	10-14 years

Beginner	White to 2 yellow stripe belts
Intermediate	Yellow to Red Belt (green Dynamites)
Advanced	Green belt and up (Blue Dynamites)
Kumite	Black Belt Club Sparring
Kobudo	Black Belt Club Traditional Weapons
SWAT Leadership	Black Belt Club by application Dynamites
Leadership	Black Belt Club By application Dragons and Adults
FightFit	Fitness Kickboxing and Self Defence
Black Belt Prep	1 st kyu and above only
Black Belt Class	Black Belts only
BJJ	Brazilian Jiu Jitsu
XTreme	Black Belt Club Xtreme Martial Arts Morisset demo team

Training Etiquette

- ✓ Always have your student card with you when you go into class
- ✓ Place shoes neatly in the spaces provided
- ✓ Refer to Black Belts as Sensei
- ✓ No jewellery
- ✓ Ensure your uniform is clean and attend to your personal hygiene
- ✓ Respect your instructors and fellow students