

DECEMBER 2017

POWERFUL PROJECT

RESPECT

AGES 4-7




FIRST & LAST NAME: _____

Respect means: "I treat you and me like we matter!" When we share, take turns, hold the door for someone or say "please" and "thank-you," we are showing respect. We show others that their feelings and needs matter. We are also showing respect when we treat ourselves like we matter. When we eat nutritious foods, exercise, rest, and speak kindly to ourselves-- these are all ways to show respect for our brains and our bodies. Below, circle all the ways our friends are showing respect to themselves in red and circle all the ways they are showing respect for others in blue. If they are not showing respect, draw an X over the photo.



Washing dishes.



Getting a good night's sleep.



Eating a good breakfast.



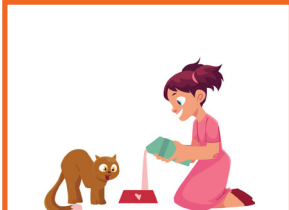
Chasing the cat with a stick.



Playing and exercising.



Fighting over the ball at the park.



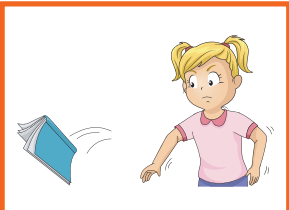
Feeding our pets.



Littering with garbage.



Brushing teeth.



Throwing a library book.



Playing with the flour and messing up the floor.



Doing work for school.



Taking a shower or bath.



Stealing from the store



Cleaning the yard.