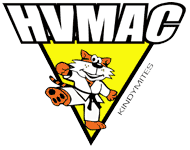
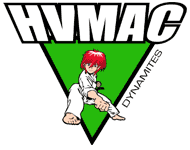
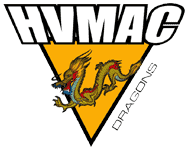
** Green Hills Schedule**

*Phone: 49331196 Website: huntermartialarts.com.au*

**Commencing 8th Jan 2018**

|  |  |  |
| --- | --- | --- |
|  | **Monday** | **Introduction** |
| 3:30 – 4:00pm | Minimites | 3:15 Minimites |
| 4:00 - 4:30pm | Kindymites | 3:45 Kindymites |
| 4:30 – 5:15pm | Dynamites Beginner | 4:15 Dynamites |
| 5:15 – 6:00pm | Dynamites Inter/Adv Yellow and above |  |
| 6:00 – 6:45pm | Dragons/Adults | 5:45 Dragons |
| 6:45 – 7:15pm | Leadership (starts February) |  |
| 7:15 – 8:00pm | Adults | 7:00 Adults |
|  | **Tuesday** |  |
| 3:30 – 4:00pm | Minimites | 3:15 Minimites |
| 4:00 - 4:30pm | Kindymites | 3:45 Kindymites |
| 4:30 – 5:15pm | Dynamites Beginner | 4:15 Dynamites |
| 5:15 – 6:00pm | Dynamites Inter/Adv Yellow and above |  |
| 6:00 – 6:50pm | Dragons/Adults | 5:45 Dragons/Adults |
| 6:50 – 7:30pm | Brazilian Jiu Jitsu Fundamentals | 6:30 BJJ |
| 7:30 – 8:30pm | Brazilian Jiu Jitsu Advanced |  |
|  | **Wednesday** |  |
| 3:30 – 4:00pm | Minimites | 3:15 Minimites |
| 4:00 - 4:30pm | Kindymites | 3:45 Kindymites |
| 4:30 – 5:15pm | Dynamites All Levels | 4:15 Dynamites |
| 5:15 – 6:00pm | Mat Rats Junior Brazilian Jiu Jitsu | 5:00 Mat Rats |
| 6:00 – 6:45pm | Dragons | 5:45 Dragons |
| 6:45 – 7:15pm | Kumite training (Dragons/Adults) |  |
| 7:15 – 8:00pm | Adults | 7:00 Adults |
|  | **Thursday** |  |
| 3:30 – 4:00pm | Minimites | 3:15 Minimites |
| 4:00 - 4:30pm | Kindymites | No Kindymites intro |
| 4:30 – 5:15pm | Dynamites Beginner | No Dynamites intro |
| 5:15 – 6:00pm | Dynamites Inter/Adv Yellow and above |  |
| 6:00 – 6:50pm | Dragons/Adults | 5:45 Dragons/Adults |
| 6:50 – 8:30pm | Brazilian Jiu Jitsu - No Gi | 6:30 BJJ No Gi |
|  | **Saturday – Family Day** |  |
| 9:00 – 9:30am | Minimites | 8:45 Minimites |
| 9.30 – 10am | Kindymites | 9:15 Kindymites |
| 10:00 – 10.45am | Dynamites, Dragons, Adults beginners | 9:45 Beginners |
| 10:45 – 11.30am | Dynamites, Dragons, Adults Yellow and above |  |

Minimites 3-4 years Kindymites 5-6 years, Dynamites 6-9 years,

Dragons 10-14 years Adults 14 years + Brazilian Jiu Jitsu