

HVMAC Morisset Schedule Effective Monday 28th August

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WILLE	Kindymites	4.00-4.40pm	4.00-4.40pm	4.00-4.40pm		4.00-4.30pm	8.30-9.10am
WMAB	Dynamites Beginner	4.40-5.30pm	4.40-5.30pm	4.40-5.30pm	4.00-4.45pm	4.30-5.00pm	9.15-10.00am
WMAG	Dynamites Intermediate	4.40-5.30pm	4.40-5.30pm	4.40-5.30pm	4.00-4.45pm	5.00-5.30pm	10.00-10.45am
WMAP	Dynamites Advanced	4.40-5.30pm	4.40-5.30pm	4.40-5.30pm	4.00-4.45pm	5.30-6.00pm	10.45-11.30am
WIMB	Dragons Beginner	5.30-6.20pm	6.20-7.10pm	5.30-6.20pm	4.45-5.30pm	4.30-5.00pm	9.15-10.00am
WWMAG	Dragons Intermediate	5.30-6.20pm	6.20-7.10pm	5.30-6.20pm	4.45-5.30pm	5.00-5.30pm	10.00-10.45am
WIME	Dragons Advanced	5.30-6.20pm	6.20-7.10pm	5.30-6.20pm	5.30-6.20pm	5.30-6.00pm	10.45-11.30am
Wind	Adults Beginner	7.00-7.50pm	6.20-7.10pm	7.10-8.00pm	7.10-8.00pm	4.30-5.00pm	9.15-10.00am
Wine Control of the C	Adults Intermediate	7.00-7.50pm	6.20-7.10pm	7.10-8.00pm	7.10-8.00pm	5.00-5.30pm	10.00-10.45am
WWIAE	Adults Advanced	7.00-7.50pm	6.20-7.10pm	7.10-8.00pm	7.10-8.00pm	5.30-6.00pm	10.45-11.30am
CWMAG	Day Class		10.00-11.00am				
WIND -	Black Belt Prep		5.30-6.20pm		5.30-6.20pm		
WIMAG:	Black Belt Class			5.30-6.20pm			
WIMAG:	XTreme				4.45-5.30pm		
GARDIO COMBAT	Fight Fit			6.15-7.00am	8.00-8.45pm		8.30-9.15am
WMAG	Kobudo				6.20-7.10pm		
WMAG	BJJ		7.10-8.00pm				
WMAG	Kumite			6.20-7.10pm			
WMAG	Leadership	6.20-7.00pm					
KICKS	KinderKicks			9.45-10.30am			

Hunter Valley Martial Arts Centre Morisset 02 4973 5575 4/25 Alliance Avenue, Morisset Email: Morisset@huntermartialarts.com.au

Website: huntermartialarts.com.au



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KICKS	KinderKicks	18mth – 3 years
WAG	Minimites	3 and 4 years
WILLIE .	Kindymites	4 and 5 years
WINGE	Dynamites	6 -9 years
Willie	Dragons	10-14 years

Beginner	White to 2 yellow stripe belts		
Intermediate	Yellow to Red Belt (green Dynamites)		
Advanced	Green belt and up (Blue Dynamites)		
Day Class	Suitable for all ages 6 and up		
Kumite	Black Belt Club Sparring		
Kobudo	Black Belt Club Traditional Weapons		
Leadership	Black Belt Club By application		
FightFit	Fitness Kickboxing and Self Defence		
Black Belt Prep	Brown Belt and above only		
Black Belt Class	Black Belts only		
ВЈЈ	Brazilian Jiu Jitsu		
XTreme	Black Belt Club Xtreme Martial Arts Morisset demo team		

Training Etiquette

- ✓ Always have your student card with you when you go into class
- ✓ Place shoes neatly in the spaces provided
- ✓ Refer to Black Belts as Sensei
- ✓ No jewellery
- ✓ Ensure your uniform is clean
- ✓ Respect your instructors and fellow students
- ✓ If you are late, kneel at the side of class until your instructor bows you in

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