

AUGUST 2017

# POWERFUL PROJECT

# COMPASSION

AGES 4-7



FIRST & LAST NAME: \_\_\_\_\_

Compassion means: "When you feel bad, sad or mad, I want to help you feel better!" It's more than just being able to figure out how someone is feeling-- it's taking action so that we can help others! Below, look at the picture. How is the person feeling? How could you show compassion and help that person feel better?



### Example

This boy feels:

- (a) Scared (b) Hurt (c) Silly

I could help him and show compassion by: getting him a bandage and his parent or teacher.



This girl feels:

- (a) Scared (b) Disgusted (c) Mad

I could help her and show compassion by: \_\_\_\_\_



This boy feels:

- (a) Silly (b) Sick (c) Surprised

I could help him and show compassion by: \_\_\_\_\_



This girl feels:

- (a) Disgusted (b) Angry (c) Sad

I could help her and show compassion by: \_\_\_\_\_



This boy feels:

- (a) Angry (b) Scared (c) Dizzy

I could help him and show compassion by: \_\_\_\_\_