

## Hunter Valley Martial Arts Centre Redhead January 2021 School Holiday Fun Classes

Don't miss out these school holidays as we have some fun with special activities during class!

Mon 4 <sup>th</sup> Jan	Tues 5 <sup>th</sup> Jan	Wed 6 <sup>th</sup> Jan	Thu 7 <sup>th</sup> Jan	Sat 9 <sup>th</sup> Jan
<b>Monday Madness</b>	Soft Baton Tuesday	Wacky Shirt	Double Stripe	Tournament Saturday
Relays and Races.	Soft Baton in every	Wednesday	Thursday	Demonstrate your
Good teamwork gets	class today!	Wear a wacky T-Shirt!	Work so nice, get	favourite kata in our
the job done!		Don't forget your belt!	striped twice!	mini competition
				today.
Mon 11 <sup>th</sup> Jan	Tues 12 <sup>th</sup> Jan	Wed 13 <sup>th</sup> Jan	Thu 14 <sup>th</sup> Jan	Sat 16 <sup>th</sup> Jan
Workout Monday	Team Kata Tuesday	Double Stripe	Soft Baton Thursday	Superhero Saturday
Get fit and have fun at	Work together to	Wednesday	Soft Baton in every	Wear a superhero
the same time!	perform your	Work so nice, get	class today!	costume or t shirt to
Fitness circuits in	awesome team kata!	striped twice!		class!
every class!				
Mon 18 <sup>th</sup> Jan	Tues 19 <sup>th</sup> Jan	Wed 20 <sup>th</sup> Jan	Thu 21 <sup>st</sup> Jan	Sat 23 <sup>rd</sup> Jan
<b>Monday Madness</b>	<b>Tournament Tuesday</b>	Workout Wednesday	Team Kata Thursday	Soft Baton Saturday
Relays and Races.	Demonstrate your	Get fit and have fun at	Work together to	Soft Baton in every
Good teamwork gets	favourite kata in our	the same time!	perform your	class today!
the job done!	mini competition	Fitness circuits in	awesome team kata!	
	today.	every class!		