



HVMAC REDHEAD SCHEDULE

Effective from Monday, 23rd November 2020

TIME	CLASS
Monday	
4.00-4.30pm	Minimites & Kindymites
4.40-5.25pm	Dynamites – All Levels
5.30-6.15pm	Kumite
6.20-7.05pm	Dragons / Adults – Beginner/Intermediate
7.10-7.55pm	Dragons / Adults – Advanced
Tuesday	
4.40-5.25pm	Dynamites – Beginner/Intermediate
5.30-6.15pm	Dynamites – Advanced
6.20-7.05pm	Dragons / Adults – All Levels
7.10-7.55pm	1 st Kyu and Black Belts
Wednesday	
4.00-4.30pm	Minimites & Kindymites
4.40-5.25pm	Dynamites – All Levels
5.30-6.15pm	Kobudo Pandas
6.20-7.05pm	Dragons / Adults – All Levels
7.10-7.55pm	Senior Kobudo
Thursday	
4.40-5.25pm	Dynamites – Beginner/Intermediate
5.30-6.15pm	Dynamites – Advanced
6.20-7.05pm	Senior Leadership
7.10-7.55pm	Dragons / Adults – All Levels
Saturday	
9.00-9.30am	Minimites & Kindymites
9.40-10.25am	Dynamites / Dragons / Adults : Beginner Clinic Dragons/Adults - Brown Belts
10.30-11.15am	Dynamites / Dragons / Adults : Intermediate Clinic
11.20-12.05pm	Dynamites / Dragons / Adults : Advanced Clinic

- Students should not attend the centre if they are sick, have been overseas, in a COVID hot spot in the last 21 days or been in contact with someone who has tested positive for Covid19.
- Social distancing of 1.5m and the 4 square metre rule will be in effect and classes will have a maximum of 20 students.
- All classes must be booked via our booking service - you cannot attend a class you have not booked.
- We request that all students and parents entering the building sanitise on entry and exit.
- Only Minimites and Kindymites will have parents in attendance. If for any reason you need to accompany your children into the dojo please observe the social distancing guidelines.
- You will need to register your contact details with us if you need to enter the dojo as per contact tracing guidelines.
- There will be a changeover time of 5 minutes between classes to control numbers.
- We will conduct frequent cleaning and disinfecting of surfaces and equipment with a dedicated cleaning slot between each class.
- Students are expected to leave the dojo once their class is finished and will not be allowed to congregate before or after their class.

HVMAC Redhead

02 4942 6656 | Unit 2/6 Seasands Dr, Redhead 2290 | redhead@huntermartialarts.com.au
www.huntermartialarts.com.au/redhead