



HVMAC REDHEAD SCHEDULE

Effective from 6th July 2020

TIME	CLASS	
Monday		
4.00-4.30	Minimites & Kindymites	
4.40-5.25	Dynamites – Beginner/Intermediate	
5.30-6.15	Dynamites – Advanced	
6.20-7.05	Dragons / Adults – Beginner/Intermediate	
7.10-7.55	Dragons / Adults – Advanced	
Tuesday		
4.00-4.30	Kobudo Pandas	
4.40-5.25	Dynamites – All Levels	
5.30-6.15	Senior Leadership	
6.20-7.05	Dragons / Adults – All Levels	
7.10-7.55	1 st Kyu and Black Belts	
Wednesday		
4.00-4.30	Minimites & Kindymites	
4.40-5.25	Dynamites – Beginner/Intermediate	
5.30-6.15	Dynamites – Advanced	
6.20-7.05	Dragons / Adults – All Levels	
7.10-7.55	Senior Kobudo	
Thursday		
4.00-4.30	Minimites & Kindymites	
4.40-5.25	Dynamites – All Levels	
5.30-6.15	S.T.O.R.M. Leadership	
6.20-7.05	Dragons / Adults – Beginner/Intermediate	
7.10-7.55	Dragons / Adults – Advanced	
Saturday		
9.00-9.30	Minimites & Kindymites	
9.40-10.25	Dynamites / Dragons / Adults : Beginner Kata Clinic	Dragons/Adults : Brown Belts
10.30-11.15	Dynamites / Dragons / Adults : Intermediate Kata Clinic	
11.20-12.05	Dynamites / Dragons / Adults : Advanced Kata Clinic	

- Students should not attend the centre if they are sick, have been overseas in the last 21 days or been in contact with someone who has tested positive for Covid19.
- Physical distancing of 1.5m and 4 square metre rule will be in effect and classes will have a maximum of 18 students.
- All classes must be booked via our booking service - you cannot attend a class you have not booked.
- We request that all students and parents entering the building sanitise on entry and exit.
- Only Minimites and Kindymites will have parents in attendance. If for any reason you need to accompany your children into the dojo please observe the physical distancing guidelines.
- You will need to register your contact details with us if you need to enter the dojo as per contact tracing guidelines.
- We will conduct frequent cleaning and disinfecting of surfaces and equipment with a dedicated cleaning slot between each class.
- Students are expected to leave the dojo once their class is finished and will not be allowed to congregate before or after their class.

HVMAC Redhead

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