



HVMAC REDHEAD SCHEDULE

Effective from 15th June 2020

TIME	CLASS
Monday	
4.00-4.30	Minimites & Kindymites
4.40-5.20	Dynamites – Beginner/Intermediate
5.30-6.10	Dynamites – Advanced
6.20-7.00	Dragons / Adults – Beginner/Intermediate
7.10-7.50	Dragons / Adults – Advanced
Tuesday	
4.00-4.30	Kobudo Pandas
4.40-5.20	Dynamites – Intermediate/Advanced
5.30-6.10	Dynamites – Beginner/Intermediate
6.20-7.00	Dragons / Adults – All Levels
7.10-7.50	1 st Kyu and Black Belts
Wednesday	
4.00-4.30	Minimites & Kindymites
4.40-5.20	Dynamites – Beginner/Intermediate
5.30-6.10	Dynamites – Advanced
6.20-7.00	Dragons / Adults – All Levels
7.10-7.50	Senior Kobudo
Thursday	
4.00-4.30	Minimites & Kindymites
4.40-5.20	Dynamites – Beginner/Intermediate
5.30-6.10	Dynamites – Advanced
6.20-7.00	Dragons / Adults – Beginner/Intermediate
7.10-7.50	Dragons / Adults – Advanced
Saturday	
9.00-9.30	Minimites & Kindymites
9.40-10.20	Dynamites / Dragons / Adults : Beginner Kata Clinic
10.30-11.10	Dynamites / Dragons / Adults : Intermediate Kata Clinic
11.20-12.00	Dynamites / Dragons / Adults : Advanced Kata Clinic

- Students should not attend the centre if they are sick, have been overseas in the last 21 days or been in contact with someone who has tested positive for Covid19.
- Social distancing of 1.5m and 4 square metre rule will be in effect and classes will have a maximum of 20 students.
- All classes must be booked via our booking service - you cannot attend a class you have not booked.
- We request that all students and parents entering the building sanitise on entry and exit.
- Only Minimites and Kindymites will have parents in attendance. If for any reason you need to accompany your children into the dojo please observe the social distancing guidelines.
- You will need to register your contact details with us if you need to enter the dojo as per contact tracing guidelines.
- There will be a changeover time of 10 minutes between classes to control numbers.
- We will conduct frequent cleaning and disinfecting of surfaces and equipment with a dedicated cleaning slot between each class.
- Students are expected to leave the dojo once their class is finished and will not be allowed to congregate before or after their class.

HVMAC Redhead

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