

## POWERFUL PROJECT

## CONFIDENCE

AGES 4-7



FIRST & LAST NAME: \_

Confidence means: "I believe in me and you!" When we are confident, we LOOK confident in the way we stand and walk, SOUND confident in the way we speak, ACT confidently in the way we behave and the choices we make and FEEL confident in our bodies. Below, draw or write how you look, sound, act and feel when you feel confident (I believe in me and you!)!



