

JUNE 2017

POWERFUL PROJECT

CONFIDENCE

AGES 7 & UP



FIRST & LAST NAME: _____

This month we are talking about "confidence!" Confidence means "belief and trust in oneself, others or a situation." Below, fill in the blanks! What or who makes you feel more confident?



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To help my confidence, I tell myself...

I feel most confident with others when I... >-----

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I feel confident in my skills or ideas when I...

My body feels strong and confident when I... >-----