



Warners Bay Training Schedule 2020

STEP 3 - Commences July 6th

Phone: (02)4956 8876

Email: sales@huntermartialarts.com.au

Monday	Training Room 1 – Downstairs	Training Room 2 – Upstairs	Training Room 3 – Small Upstairs	
4.00 - 4.25PM	Minimites			Kata Day
4.30 - 4.55	Kindymites			
5.00 - 5.40	Dynamites Beginners	Dynamites Intermediate/Advanced		
5.45 - 6.25	Dragons Beginners	Dragons Intermediate & Advanced	Dragons Black Belt Prep	
6.30 - 7.10	Adults Beginners	Adult Int & Advanced	BJJ Adults	
7.15 - 8.25		Black Belts	BJJ Advanced	
Tuesday	Downstairs	Upstairs	Upstairs	
4.00 - 4.25PM	Minimites			
4.30 - 4.55	Kindymites			
5.00 - 5.40	Dynamites Beginners	Dynamites Advanced	Dynamites Intermediates	
5.45 - 6.25	Dragons Beginners	Dragons Int & Advanced	Kobudo Pandas (Dynamites)	
6.30 - 7.10	Adult Black Belt Prep	Adults Int & Advanced	Adults Beginners	
7.15 - 7.55	Beginners Kobudo	Advanced Kobudo	Women's BJJ	
8.00 - 8.25		Black Belt Kobudo		
Wednesday	Downstairs	Upstairs	Upstairs	Bunkai Day
4.00 - 4.25PM	Minimites			
4.30 - 4.55	Kindymites			
5.00 - 5.40	Dynamites Beginners	Dynamites Intermediate/Advanced		
5.45 - 6.25	Dragons Beginners	Xtreme – Dynamites/Dragons	Matrats BJJ	
6.30 - 7.10	STORM/Drag/AD Leadership	Dragons Int & Advanced	Brazilian Jiu Jitsu - No Gi	
7.15 - 7.55	Adults Beginners	Adults Intermediate & Advanced		
Thursday	Downstairs	Upstairs	Upstairs	Bunkai Day
11.00 - 11.45AM	Karate Day Class			
4.00 - 4.25PM	Minimites			
4.30 - 4.55	Kindymites			
5.00 - 5.40	Dynamites Beginners	Dynamites Intermediate & Advanced Kumite		
5.45 - 6.25	Nidan Prep	Dragons Int & Advanced	Dragons Beginners	
6.30 - 7.10	Adults Beginners	Dragons & Adults Kumite	BJJ Fundamentals	
7.15 - 7.55		Adults Int & Advanced	BJJ Advanced	
Friday	Downstairs	Upstairs	Upstairs	Bunkai Day
4.00 - 4.25PM	Minimites			
4.30 - 4.55	Kindymites			
5.00 - 5.40	Dynamites Beginners	Dynamites Advanced	Dynamites Intermediates	
5.45 - 6.25	Black Belt Prep	Dragons & Adults Int & Advanced	Dragons & Adults Beginners	
6.30 - 6.55		Advanced Leadership		
7.00 - 8.10		Black Belts		
Saturday	Downstairs	Upstairs	Upstairs	Kata & Bunkai Day
8.30 - 8.55AM	Minimites	Kindymites		
9.00 - 9.25AM	Minimites	Kindymites		
9.30 - 10.10	Dynamites Beginners	Dynamites Advanced	Dynamites Intermediates	
10.15 - 10.55	Matrats BJJ	Dragons & Adults Kobudo		
11.00 - 11.40	Dragons & Adults Beginners	Dragons & Adults Interm & Adv	BJJ Adults	
12.00 - 12.40	Dragons & Adults Bunkai	Advanced Xtreme/Demo Practice		
12.45 - 1.25	Beginners Dynamites, Dragons & Adults – Family Focus			
1.30 - 2.10	Intermediate Dynamites, Dragons & Adults – Family Focus			
2.15 - 2.55PM	Advanced Dynamites, Dragons & Adults – Family Focus			



Minimites (3 & 4yrs)



Kindymites (5 & 6yrs)



Dynamites (6-9yrs)



Dragons (9-14yrs)



Adults (14+yrs)

Please ensure you have booked your classes each week to ensure your place.